



MENU

1713 Riverview Dr
Salem, VA 24153
www.lydiasitaliankitchen.com
(540) 387-2885

APPETIZERS

Garlic Cheese Bread 4.99

House-made dough brushed with garlic oil and Mozzarella. Baked in our wood-fired brick oven.

Bruschetta 7.99

Toast topped with fresh diced tomatoes, garlic, basil, scallions, drizzled with a balsamic glaze.

House-made Breadsticks

Sm. 3.99 | Lg. 5.99

Served with marinara sauce on the side.

Mozzarella Sticks

Sm. 5.99 | Lg. 10.99

Deep-fried breaded cheese sticks. Served with marinara sauce on the side.

Chicken Wings

Sm. 6.99 | Lg. 11.99

Six or twelve deep-fried wings served plain or covered in sauce. Choose from Frank's Hot Sauce®, barbecue, or garlic-parmesan.

GF Italian Nachos 12.99

A mixture of spicy ground beef and Italian sausage served on corn tortilla chips topped with tomatoes, onions, black olives, melted Mozzarella, jalapeños, and lettuce. Served with sour cream.

GF Spinach & Artichoke Dip 8.99

A creamy, cheesy, bubbling hot dip served with a side of corn tortilla chips.

Meatballs & Mozzarella 7.99

Three house-made meatballs smothered in hot marinara sauce and topped with melted Mozzarella cheese.

Fried Calamari 11.99

Lightly-breaded and fried to perfection. Served with a side of marinara sauce.

Garlic Pizza Balls 9.99

Deep-fried pizza dough balls tossed in a buttery garlic sauce. Served with a side of marinara.

SALADS

Dressing choices: Ranch, Blue Cheese, Italian, Balsamic, Thousand Island, Caesar, Honey-Mustard.

House Side Salad 4.49

Lettuce medley topped with shredded carrots, grape tomatoes, red onions, black olives, croutons.

Grilled Chicken Salad 11.99

Strips of grilled chicken breast on a bed of lettuce with tomatoes, artichokes, black olives, roasted red peppers, croutons, and Mozzarella.

Caesar Chicken Salad 11.99

Romaine lettuce blend tossed with shredded Parmesan cheese and caesar dressing, topped with grilled chicken strips and croutons.

GF Italian Antipasto 12.99

Salami, pepperoni, ham, Provolone, roasted redpeppers, black olives, artichokes and tomatoes served on a bed of lettuce.

WRAPS

Choice of white or wheat tortilla.

California Wrap 8.99

Grilled chicken strips, cucumbers, tomatoes, onions, lettuce, ranch dressing.

Spicy Chicken Wrap 8.99

Grilled chicken strips, green peppers, onions, Mozzarella cheese, Frank's Hot Sauce.

SPO Wrap 8.99

Sausage, green peppers, onions, Provolone cheese.

Veggie Wrap 7.99

Provolone cheese, mushrooms, onions, green peppers, olives, lettuce, tomatoes.

SIDES

French Fries 3.49 | Onion Rings 4.49

Sautéed Mushrooms 4.99

Sautéed Spinach 3.99

Sautéed Broccoli 3.99

HOT SANDWICHES

All sandwiches are served on an 8-inch sub roll with house-made potato chips and a pickle spear.

Cheesesteak Supreme 9.99

Mushrooms, onions, green peppers, lettuce, tomatoes, mayonnaise.

Italian Cheesesteak 8.99

A classic cheesesteak sub with Provolone cheese and marinara sauce.

Parmigiana Sub 8.99

Choose: meatball, sausage or chicken. Smothered in marinara sauce and topped with melted Mozzarella cheese.

SPO Sub 8.99

Sliced Italian sausage grilled with green peppers and onions.

Grilled Chicken Supreme 8.99

Grilled chicken strips, mushrooms, onions, green peppers, lettuce, tomatoes, mayonnaise.

Lydia's Special 8.99

Pepperoni, salami, Provolone cheese, lettuce, tomatoes, banana peppers, mayonnaise.

Reuben Sandwich 8.99

Pastrami with Swiss cheese, sauerkraut and thousand island dressing on rye bread.

Roast Beef Sub 8.99

Warm deli-style roast beef topped with melted Swiss cheese, lettuce, tomatoes, banana peppers, and mayonnaise.

COLD SANDWICHES

Can also be served hot.

Italian Hero 8.99

Salami, ham, Provolone cheese, lettuce, tomatoes, olives, mayonnaise.

Cold Cut Sub 7.99

Choose: ham or turkey Choose: Provolone, Swiss, or American cheese. Topped with lettuce, tomatoes, mayonnaise. Double the meat \$1.00

Veggie Hero 7.99

Provolone cheese, mushrooms, onions, green peppers, black olives, lettuce, tomatoes, mayonnaise.

BUILD YOUR OWN PIZZA

Small 10-in. Cheese Pizza 9.99

Each additional topping 1.25

Large 16-in. Cheese Pizza 15.99

Each additional topping 1.75

PIZZA TOPPINGS

Extra Cheese	Ham	Black Olives
Pepperoni	Salami	Hamburger
Jalapeños	Onions	Green Peppers
Mushrooms	Garlic	Ricotta
Artichokes	Pineapple	Spinach
Fresh Basil	Broccoli	Meatballs
Italian Sausage	Roasted Red Peppers	Banana Peppers
Side of Anchovies 2.00	Bacon	Chicken Lg. 3.50 Sm. 2.50

SPECIALTY PIZZA

Lydia's Pizza 23.99

Pizza sauce, pepperoni, Italian sausage, meatballs, mushrooms, onions.

Veggie Pie 21.99

Pizza sauce, broccoli, tomatoes, mushrooms, artichokes, onions.

Meatlover's Dream 23.99

Pizza sauce, pepperoni, Italian sausage, meatballs, ham, salami.

Italian Works 23.99

Pizza sauce, salami, Italian sausage, onions, green peppers, fresh mushrooms.

Tuscan Pizza 21.99

Pizza sauce, artichokes, mushrooms, black olives, roasted red peppers.

White Pizza 21.99

Olive oil, Ricotta cheese, spinach, tomatoes.

 **Buffalo Chicken Pizza 19.99**

Pizza sauce, Frank's Hot Sauce®, grilled chicken.

Barbeque Chicken Pizza 19.99

Pizza sauce, barbeque sauce, grilled chicken.

Pizza Rustica 22.99

Olive oil, pepperoni, roasted red peppers, black olives, fresh basil.

Pizza Margherita 18.99

Pizza sauce, tomato slices, fresh basil.

Hawaiian Pizza 18.99

Pizza sauce, ham, pineapple.

DINNER ENTRÉES

All dinner entrées include a family-style house salad and freshly-baked breadsticks.

Spaghetti with Meat Sauce 10.99

House-made tomato-based meat sauce with onions, garlic and Italian spices.

Spaghetti and Meatballs 11.99

Slow-simmered house-made marinara sauce over handmade meatballs and spaghetti pasta.

Fettuccine Alfredo Din.14.99 | Lun.7.99

Authentic creamy Alfredo sauce tossed with fettuccine pasta. This sauce is made from scratch and is best enjoyed fresh.

Add chicken 3.00 Add shrimp 5.00

Penne Alla Vodka 14.99

Vodka-infused creamy marinara sauce with sautéed onions over penne pasta.

Penne Italiane 15.99

Creamy tomato-based meat sauce and blend of Italian seasonings tossed with penne pasta.

Chicken Parmigiana Din.13.99 | Lun.8.99

Fried breaded chicken topped with marinara sauce and melted Mozzarella cheese.

Served with spaghetti.

Mama Lam's Tortellini 17.99

Cheese or meat tortellini with our signature pink Rosa sauce. Topped with parmesan cheese.

Shrimp Marinara 19.99

Succulent shrimp sautéed in garlic, tomatoes, wine and marinara sauce. Tossed with spaghetti.

Ziti Alla Rosa 16.99

Grilled chicken, sautéed onions and our signature pink Rosa Sauce over ziti pasta.

 **Fettuccine San Gennaro 17.99**

Chicken, Italian sausage, green peppers and onions in a spicy marinara wine sauce tossed with fettuccine pasta.

Ravioli Carnosi 19.99

Sausage-filled ravioli with creamy Alfredo sauce, topped with Parmesan cheese.

Scallops Leggero 22.99

Large sautéed scallops with spinach, bacon crumbles, roasted garlic, and angel hair pasta tossed in a delicate butter wine sauce.

CALZONES & STROMBOLI

Served with a side of marinara sauce. Choose fillings from the list above. Toppings 1.25 each.

Build your own Stromboli 9.49

Mozzarella cheese, pizza sauce and choice of toppings rolled into dough.

Build your own Calzone 9.49

Ricotta, Mozzarella and choice of toppings folded into dough.

 **Calzone del Capo 12.99**

Italian sausage, onions, jalapeños, Ricotta, Mozzarella.

Calzone al Pepe 12.99

Pepperoni, ham, green peppers, Ricotta, Mozzarella.

OVEN-BAKED FAVORITES

Spaghetti Al Forno Din.12.99 | Lun.7.99

Spaghetti with house-made meat sauce and Mozzarella cheese, baked until hot and bubbly.

Tre Formaggi Lasagna Din.13.99 | Lun. 8.99

Handmade baked lasagna. Layers of marinara with Ricotta, Mozzarella, and Parmesan cheeses. Add meat sauce 3.00

Tre Formaggi Ziti Din.13.99 | Lun.8.99

Ziti pasta with marinara sauce, melted Ricotta, Mozzarella, and Parmesan cheeses, baked to melty perfection.

Stuffed Manicotti Din.14.99 | Lun.8.99

Large tubular pasta filled with Ricotta, Mozzarella, and Parmesan cheeses and topped with marinara sauce.

BUILD YOUR OWN PASTA 9.99

Served with two house-made breadsticks. Add a side salad for 2.00.

1. CHOOSE A PASTA

Spaghetti, Fettuccine, Angel Hair, Penne, Ziti

2. CHOOSE A SAUCE

Marinara, Meat Sauce, Alfredo, Rosa Sauce, Garlic & Oil

3. CHOOSE A TOPPING

Meatballs, Grilled Chicken, Italian Sausage, Sautéed Vegetables

BEVERAGES

Coca-Cola® Products 2.29

Freshly Brewed Iced Tea 2.29

Sweet or Unsweet